

40 Days of Love: Overall Schedule

	Sunday Service	Small Groups YouthSS	Daily Reading	Key Verse
Sun., Oct. 4	Preparation Sunday: Kickoff sermon, commitment cards, "Relationship Principles of Jesus" book available, Small Group sign up (6 week commitment)			
Sun., Oct. 11 – Sat., Oct. 17	Week 1	Week 1	Ch. 1-7	"Let love be your highest goal." 1 Cor. 14:1 (NLT)
Sun., Oct. 18 - Sat., Oct. 24	Week 2	Week 2	Ch. 8-14	"Love is patient, love is kind." 1 Cor. 13:4 (NIV)
Sun., Oct. 25 - Sat., Oct. 31	Week 3	Week 3	Ch. 15-21	"Love...rejoices with the truth." 1 Cor. 13:6 (NIV)
Sun., Nov. 1 - Sat., Nov. 7	Week 4	Week 4	Ch. 22-28	"Love doesn't keep a record of wrongs that others do." 1 Cor. 13:5 (CEV)
Sun., Nov. 8 - Sat., Nov. 14	Week 5	Week 5	Ch. 29-35	"Love isn't selfish." 1 Cor. 13:5 (CEV)
Sun., Nov. 15 - Sat., Nov. 21	Week 6	Week 6	Ch. 36-40	"[Love] always protects, always trusts, always hopes, always perseveres." 1 Cor. 13:7 (NIV)
Sun., Nov. 22	Celebration Sunday			

40 Days of Love: Small Group Schedule

Day / Time	Location	Leader / Contact	Phone Number
Sunday, 9:00 am	Church (Youth)	Misty Lowe	207-698-4844
Sunday, 6:00 pm	Church	Terry Blaisdell	207-384-2528
Monday, 5:30 pm	Adair's	Travis Glatter	207-384-7132
Monday, 7:00 pm	Pike's	Marcia Pike	207-384-2511
Tuesday, 11:00 pm	Church	Marcia Pike	207-384-2511
Thursday, 7:00	Lowe's	Andy & Misty Lowe	207-698-4844
Saturday, 6:30	Church (Men)	Travis Glatter	207-384-7132
Saturday, 8:30	Various (Women)	Lynn Cooke	207-384-8152

40 Days of Love Week 3: Loving with your Words

Our words can either build up or tear down
The tongue that brings healing is a tree of life, but a deceitful tongue crushes the spirit.
 -Proverbs 13:4

We all need to work on how we use our words
We all stumble in many ways. If anyone is never at fault in what he says, he is a perfect man, able to keep his whole body in check.
 -James 3:2

What we say ultimately comes from our heart. Jesus said...
"Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad, for a tree is recognized by its fruit...out of the overflow of the heart the mouth speaks."
 -Matthew 12:33-34

"I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.
 -John 15:5

LOVE PEOPLE WITH _____ WORDS

THINK before you speak

Everyone should be quick to listen, slow to speak and slow to become angry,
 -James 1:19

- T: Is It** _____
- H: Is It** _____
- I: Is It** _____
- N: Is It** _____
- K: Is It** _____

Avoid Gossip

A gossip betrays a confidence; so avoid a man who talks too much
 -Proverbs 20:19
Without wood a fire goes out; without gossip a quarrel dies down.
 -Proverbs 26:20

Imagine the person being spoken about is listening in.
 Would you carbon copy (CC) the person in an e-mail?

LOVE PEOPLE WITH _____ WORDS

How to confront someone by speaking the truth in love
[Thanks to Pastor Neil Gass]

Answer the important question first

What is the big, unspoken question? Will you _____?

Ask Permission

Consider the following “formula”

I feel...

This makes you vulnerable. You are not attacking the other person, but taking responsibility for your own feelings.

When you...

Try to share as objectively as possible. Don’t make assumptions about the other person’s motives. Just point out what was said or done.

Because...

Tell what was going on in your head. It lets the other person know how you were feeling, rightly or wrongly.

I need...

Tells the solution you are looking for. The goal is not “winning”, it is reconciling the relationship and finding a solution.

Would you be willing to do that for me?

Provides an opportunity for give and take. Be ready and willing to compromise.

Three Examples of Handling Conflict

- 1) Avoid
- 2) Attack
- 3) Speaking the truth in love

LOVE PEOPLE WITH _____ WORDS

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.
-Ephesians 4:29

Kind Words

An anxious heart weighs a man down, but a kind word cheers him up.
-Proverbs 12:25

Gentle Words

A gentle answer turns away wrath, but a harsh word stirs up anger.
-Proverbs 15:1

Pleasant Words

The wise in heart are called discerning, and pleasant words promote instruction.
-Proverbs 16:21

Wise Words

Reckless words pierce like a sword, but the tongue of the wise brings healing.
-Proverbs 12:18